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Intuitive Flash

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Predictions 2010

by GORDON MICHAEL SCALLION

Dear Members,

This month marks a milestone in our publishing history — *issue number 150!*

As noted in the last *Intuitive Flash*, this issue also marks a return to our previous newsletter format, delivered in an envelope by First Class mail. This change should reduce lost issues and improve delivery time. In addition, by eliminating the full color catalog pages contained in each issue, we have been able to keep the same word count and most importantly hold membership prices throughout 2010!

As we enter this new year I see difficult times ahead especially with the economy and unemployment. Events will change rapidly during this year and we will keep you updated on these changes and what you can do to navigate through these difficult times.

— Gordon-Michael Scallion

Each year, before my future trends are revealed to me, I am given an overview of the kind of energy that is influencing the planet, and how that energy may affect the events that are to come. This year, I was reminded that the great economic downturn that we have recently witnessed was the result of a breakdown in an old system that was based on materialism and a desire for wealth. This was not an accident. Instead, it came about as a result of a desire on the part of the Collective Consciousness for the establishment of a new system. Changes of this magnitude do not come about quickly and this one began some twenty years ago. While we are still being influenced by the same energies, the resulting changes are only now coming into fruition. To better understand what is happening, I'd like you to read what I said five years ago:

Energies at Play 2005

"I'd like to talk about the energies at play that I see influencing our planet for 2005. By energies at play I am referring to unseen forces that influence our planet, its nations, people, and all other living things. I call this force consciousness."

As I have stated many times in this letter, and on national radio and television, I believe we are all connected at a psychic level. We often get glimpses of such connections when, for instance, we meet someone for the first time, yet feel somehow that we know the person. This happens because in the world of consciousness before anything happens, we experience our probable futures first, in any number of ways, including during our sleep state, meditation, prayer, or in alpha states during our waking periods.

Collective Consciousness is made up of all of us — our thoughts and desires. For some time now, our collective thoughts have been focused on our personal development. This led to the beginning of the personal growth movement of the '60s and continues today. The same cycle has also led to a focus on materialism and the search for wealth. As wealth building grew, especially in the '80s and '90s, a number of members of the Collective, realized that this was not the best path to follow. Only the few were able to achieve wealth, and often in the process of building wealth, something was being sacrificed — spirituality.

Slowly, but surely, more and more members of the Collective

IN THIS ISSUE...

Dear Members.....	1
Predictions for 2010	1
Looking Back: Summary of Hits & Misses for 2009	6
Forum.....	10
Online Updates.....	11
Living Naturally: Creating a Sustainable Life Style — A Worthy New Year's Resolution	12

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joined the group that wanted to see a new system emerge, a system based on spirituality and equality. This happened in earnest beginning in 1998, a movement that I referred to as the "Great Awakening." It would build until 2001 when polarization began to set in, as I described in Jan. '01: 'Polarization occurs when rapid changes threaten the belief systems of a large number of people and they react by becoming even more entrenched in their beliefs.' This was the energy at that time. It would continue to grow and become stronger in response to the growing support within the Collective for a new system based on spirituality and equality.

In the 2005 Collective Consciousness will begin to dissolve the polarization that has divided our nation and others. As a result, we will see a movement toward more socialized programs. Do not expect this to occur quickly. New systems emerge only after old ones have spent their energy. It is a slow, gradual unfolding; however, it does begin in 2005. Expect to hear whispers of socialized medicine and health care this year, as well as government projects for elderly housing."

Energies at Play 2010

Now, here we are at the start of 2010, and we are seeing the manifestation of what began not just 5 years ago, but in 1998, the beginning of the Great Awakening. While it often seems as if changes in our physical world seem to just happen, they actually take long time periods to emerge. This is because it takes time for awareness to take hold in order for others to begin to recognize their desire to join a thought form of change. This joining of thoughts occurs in the

metaphysical world, and that is where our future reality is created. It is the world I tune into when I bring you future trends.

Most would agree that what most people are tuning into today is uncertainty. Not knowing what the economy will do, or even whether or not our planet will be habitable if climate change continues unabated, or if all the media hype about the Maya Prophecies of 2012 comes to pass. Let me state, once again, that I do not see a doomsday 2012 scenario, however, I do see continuing planetary changes that will increase over time.

In spite of all that, the current path of the human race is one where we are striving to do better, to become more aware, and to focus less on materialism. The current Green Movement is but one part of the energies at play that are driving new awareness and change. It began years ago with recycling, and in 2010 it will blossom into an even greater awareness of just who we really are and what our relationship is to Nature.

The main energy at play for 2010 is not fear and uncertainty, though to be sure fear will occupy many a soul. Rather, it is the acceleration of our awareness of Nature, and the newly emerging spirituality that embraces it.

Now here are my predictions for 2010.

Environment

Green is gold in 2010.

The hot businesses and jobs in 2010 will be Green. This comes about partly because federal money will be available to businesses as part of the redirected TARP program, and stimulus

programs. Another reason for Green popularity is the state of the economy. If going Green saves money, consumers will buy Green products.

Products that can save money in the home will be BIG. Battery technology will be among the new Green products. Other hot products will be new Green technology that purifies water; breakthroughs in LED lighting that all but eliminate incandescent, and fluorescent bulbs from the market place within five years; power monitors that show what a home owner or business uses in electricity; window curtains that can reduce heat loss by 60-80 percent; programmable thermostats that can save 10-20 percent, or more on heating costs; cleaning supplies that are biodegradable and non toxic; and natural fabrics for clothing produced with minimal impact on the environment.

Plastic shopping bags and many other throw-away plastic products take a big hit this year. Expect to see many major stores replacing them with biodegradable cellulose bags this year. Also expect to see a big drop in the sales of plastic bottles of water. I also see the development of a biodegradable water container.

In addition, I see that fear of contaminated municipal water supplies will cause an increase in the sales of portable water purification devices.

Metals

Gold glitters...expect a decline followed by a rise by summer.

Gold has seen record highs in 2009, and as of this writing is \$1,150, and declining. I see further declines toward the \$1,000 level



or lower, by spring. However, this decline will not continue as market conditions will once again trigger countries like China, as well as banks, and investors to pick up gold on the decline. Later in the year gold will move to higher levels — \$1,400 and higher is potential. I will update this as the year progresses.

Silver breaks the \$20 mark.

Silver may be the real sleeper in metals this year. I see a 20 percent increase in the price of silver, perhaps more as investors discover that there is more available silver on the market than gold. \$20 a troy ounce level will be broken.

Copper is set to rise significantly in large part due to imports of this metal by China.

Platinum will outpace all other metals, hitting new highs in 2010.

The Economy

The global economy declines...a double-dip recession for U.S.

While Wall Street is recovering, main street is not. New job losses will continue to decline, but job recovery will not improve significantly through the first half of 2010. By then credit card debt and personal bankruptcies will rise, further curtailing personal spending. The probability of a double-dip recession occurring in 2010 continues to increase in my visions.

The U.S. dollar to fluctuate widely...improves by year-end.

The U.S. Dollar will fluctuate widely in 2010, as will metals. I do see an improvement later in the year as a result of government initiated actions.

Credit card delinquency declines first half of year...then soars.

Credit card debt remains high. This huge debt will never be able to be collected. However, banks have recently made huge amounts of money as a result of new rate increases, exceeding 30 percent in many cases. The banks have raised their rates and imposed new penalty charges in lieu of new legislation that seeks to protect card holders. This action by banks will eventually bring more banks down, as credit card delinquency soars later in 2010, causing personal bankruptcies to rise along with it. Bank failures in 2010, while they will not exceed 2009, will be very high.

Interest rates remain flat.

Interest rates will not increase, at least not for the first half of 2010.

Stock markets continue to rise in first part of year...then decline...a crash possible.

Major stock markets have recovered from last year's crash. However, I expect a reversal in 2010 due in part to more bank failures, credit card debt, the lack of consumer confidence, personal bankruptcies, and the lack of consumer spending.

Unemployment improves as modified stimulus plan kicks in.

There is now talk of creating new programs for small

businesses to stimulate the job market and economy. I see this happening by spring in part due to the redirection of TARP money, and in part due to new federal programs. The current unemployment rate is at 10 percent. I see this rate declining this year to just under 10 percent.

Dollar improves.

Expect the dollar to improve this year against the Euro. The Euro remains strong in Europe.

Housing

Real estate stagnant for most of the year in most regions.

The price of existing homes have not bottomed yet. I see further declines this year. New home construction will be low except in a few states. It will be many years before the real estate market turns around.

Earth Changes

Weather related Earth changes increase, while geophysical Earth changes decrease.

Each year when I look at Earth changes, weather dominates my mental screen. I see no difference in this pattern for 2010. Here are some insights that I have received:

In the U.S.

- The Northeast will be warmer and wetter.
- In the South, I see higher temperatures and violent storms. At his time I have not seen any hurricanes hitting the South. However, I do see an increase in tropical storms in the Gulf of Mexico and the Atlantic Seaboard. I will look at this again as we get closer to hurricane season.

- In the West, I see more droughts, and water rationing. In California, I see multiple swarms of quakes, most under 4.0. This could be a prelude to tectonic energies building, and larger quakes on the horizon. At this time I do not see any quakes in the West Coast over 7.0. Fires are in my visions again, as are wind driven flooding in coastal areas.

- In the Midwest I see wind and more wind. Drier weather.

- In the Northwest I see rain, and more rain with wind.

- In Alaska, I see volcanic activity, and quakes greater than magnitude 7.5

- In Hawaii, I see higher than normal volcanic activity.

- In **South America** I see record volcanic activity and numerous earthquakes greater than 7.0.

- In **Europe**, I see rain and more rain. Flooding in UK exceeds 2009 levels. Italy experiences earthquakes and severe coastal storms.

- In **Japan**, I see a devastating earthquake near Tokyo.

- In **Australia**, I see continued record heat and drought. Water rationing in many areas.

- In **Canada**, I see record heavy winter storms, followed by higher than normal temperatures causing early melting and flooding. Quakes in the North Western Territories reach magnitudes in excess of 7.5.

Education

Education improves in U.S... enrollment in colleges rise as new government financial aid packages emerge.

More people will enter college in 2010 than last year in part due to the poor economic outlook for jobs. The reasoning behind this is that people will feel it is better to be in school until the job market turns around, while at the same time their continuing learning gives them a better chance of finding a decent job when the economy improves. Changes in government-backed loans will give students extended grace periods before they have to begin paying back their loans. For 2010 education will be more affordable than ever before.

“No child left behind” gets revamped this year. In addition, there will be more focus on family involvement in a child’s education.

Conflicts

Tensions in Middle East rise as Iran postures for showdown with West and Israel.

While I do not see a major military conflict in the Middle East this year, I do see heightened tensions between Iran, the West, and Israel. Tensions will build in Iran as new sanctions are initiated by the U.N. At the height of this tension Iranian protestors once again will take to the streets. The violent government response will trigger the beginning of a revolution that will eventually topple the Iranian Revolutionary Guard.

Afghanistan

The current deployment of U.S. forces in Afghanistan will be successful in routing the Taliban out of the country. I see a troop increase by other nations this year. Expect coalition forces to remain in this region at some level for a decade.

However, Pakistan becomes the new terrorist front, with the

Taliban taking up residence in the hills and assuming a hit and run terrorist strategy. As a result, Pakistan will experience increased suicide bombing incidents.

Terrorism

Plots foiled in the U.S.

While I continue to see terrorism increasing globally, I do not see such activities hitting the U.S. However, I do see the foiling of more than one plot aimed at shopping malls, transportation systems and the power grid.

Oil

Oil to break \$100.

Oil continues to float in my 2009 predicted price of around \$75 a barrel. Declines to the \$60-\$70 level are probable before oil once again rises. I see oil breaking \$100 in 2010. No date as yet, but I will update this throughout the year.

Gasoline prices in the U.S. are averaging around \$2.75 a gallon. When oil begins its upward climb this year, gas of course, will follow. I see at 10-20 percent price increase in the national average of gas by summer.

Water

Potable water supplies under great strain in many areas.

Drinkable water resources will be under great strain in many areas in 2010. There will be little to no relief in areas that have been experiencing prolonged drought. In addition, water tables that are extremely low will begin to see more heavy metals being dredged up from bottom sediments. Also, many municipal water supplies will see their water becoming contaminated

from toxic build-up as a result of agricultural runoff. In addition, many coastal areas will see salt infiltrating fresh water supplies.

In 1994, I predicted that water would become more valuable than gold, and that was when gold was less than \$400 an ounce. Now, even with the extreme rise in the price of gold, the value of water in many places in the world has outpaced the value of gold, virtually becoming priceless. With the erratic weather we will continue to see as a result of unabated climate change, potable water will become even more scarce.

Health & Healing

NIH1 not as severe as first thought.

To date the NIH1 virus has not been as deadly as government officials first thought it would be. As we noted in our *Online Update*, 4/28/09, this virus will be short lived, ending its reign in 2011. I do not see any long lasting health effects by those who have taken the NIH1 vaccine. I also see tens of thousands of lives being saved, mostly children, as a result of this vaccine.

Cyber-Crime

Internet fraud and attacks on financial and government networks increase.

Cyber attacks by other governments on U.S. military and private contractors doing top secret research and development hit an all time high. The U.S. responds by expanding its cyber intelligence forces, most of which are unknown to the public.

Government

Many cities and states unable to collect taxes.

Cities and states unable to collect taxes will be forced to lay off personnel, cut programs, and may have to default on bond issues. U.S. government enacts a bail-out program that saves many states from bankruptcy.

Industries in Peril

The number of print newspaper and magazine publishers declines.

Expect to see small, as well as large, newspapers and magazines closing their doors this year as ad revenue and subscriptions drop drastically due to the poor economy and a shift to Internet-based publishing.

Final Thoughts

Whatever future trends and predictions you see here today, it is important to remember that each one of us has the power to create change for the better. All we have to do is to add our thoughts, along with our corresponding actions, to the great Collective Consciousness that determines our future reality. Let us hope that in the years to come, we will see an increased desire to develop sustainable economic and environmental systems, a growing concern for each other, as well as a movement toward spirituality overcoming the desire to simply amass material wealth.

On behalf of all of us at Matrix Institute we wish you a blessed and joyous New Year!

Blessings,

*Gordon Michael Scallion
& Cynthia Keyes*

■ LOOKING BACK

Our Record

Hits & Misses 2009

by Cynthia Keyes

The following are some of GMS' more significant predictions for 2009, which we were able to confirm either occurred, or didn't occur in 2009. Unless otherwise noted all predictions are from the Winter, 2009 issue of "Intuitive Flash."

Recession

Recession continues throughout 2009...

According to the National Bureau of Economic Research, the recession that started in December 2007 is the longest and deepest since the 1930s. It was triggered by the U.S. housing market's collapse and the ensuing global credit crisis. While the economy is believed to have rebounded in the third quarter, analysts believe that ordinary Americans will probably not see much difference as unemployment will remain high well into 2010, restraining consumption. (Reuters, 10/12/09)

...a new economic model shall emerge. This shall take ... almost a decade to complete. But it begins here in 2009 where you will see a more austere consciousness. Thus, the economic model based on consumer spending shall not survive in its current form.

Consumer spending has decreased considerably, dropping by 4.3%, the steepest fall in 28 years, and the first time in history where household spending has fallen by more than 3% for two consecutive quarters. (Wall St. Journal, 2/27/09)

In addition, on June 26, the Commerce Dept reported that personal saving as a percentage of disposable income increased to 6.9 percent, the highest level since December 1993.

The Stock Market

Here the bottom has not yet been reached in markets, globally.

On Mar. 9, 2009 the Dow bottomed at 6,547, down 2,229 from the Dec. 08 year end close of 8,776. (CNN)

...there shall be further declines, for the greater impact on the economy has yet to come. It is the continuation of the real estate decline, but there is also that the consumer has exceeded his financing ability. ... that debt becomes excessive ... a pox upon the economy. Thus, in 2009 there shall be great declines economically. Yet, there shall be put into motion new rebuilding of the infrastructure of the country, even new factories being reconstructed.

On Nov. 19, 2009, Mortgage Bankers Association Survey reported that the overall third-quarter delinquency rate is the highest since the association began keeping records in 1972. The combined percentage of those in foreclosure as well as delinquent homeowners is 14.41 %, or about one in seven mortgage holders. The percentage of loans in foreclosure on Sept. 30 was 4.47 %, up from 2.97 % last year. High-quality prime loans with fixed rates traditionally considered the safest, make up the largest share of new foreclosures. Without jobs, borrowers usually cannot pay their mortgages.

The default rate for commercial real estate loans held by banks reached the highest in 16 years. At 3.4 percent, the U.S. default rate for

commercial real estate mortgages -- on office, industrial, hotel and retail properties -- held by banks, thrifts and other depository institutions was the highest since 1993, when the default rate was 4.1 %. (Reuters, 11/30/09)

As to rebuilding infrastructure and factories, that has not happened.

Banks

Here there are more declines to come, and more difficulties ahead. The greater difficulties will be dealing with consumer debt. Here we find that these financial entities eventually become divided up, with many of their assets being sold. Thus, we see banks in dire shape...

As of Nov. 6, 119 banks have failed this year. (Reuters, 11/6/09)

Expect to see more localized banking becoming popular in 2009, smaller banks instead of the global or major entities of today.

According to Federal Reserve Chairman Ben S. Bernanke small banks could play a key role in spurring the nation's economic recovery, as many appear strong enough to make new loans while bigger institutions have pulled back. In a speech, he told the Independent Community Bankers of America that the Fed has instructed bank examiners to encourage such institutions to make loans so long as they are "economically viable." (Washington Post, 3/21/2009)

Economic Growth

Expect mass transit systems, high speed rail systems, and city transportation systems. This begins in its design stage, the rudimentary stage, in 2009.

On April 16, President Obama

unveiled his administration's blueprint for a new national network of high-speed passenger rail lines. Federal grants would also be directed toward separate individual rail projects that are deemed "ready to go," with preliminary engineering and environmental work already completed. His plan would be funded in part through the \$787 billion stimulus plan, which includes a total of \$8 billion for improvements in rail service. Obama has also proposed a separate five-year, \$5 billion investment in high-speed rail as part of the administration's suggested fiscal year 2010 budget. (CNN)

...In addition, the forces are already in play to produce alternative energy systems. We see new plants being developed, new research facilities. Expect to see the breaking ground of a major green facility for research. This research facility does not produce; it simply researches and finds ways to improve, and make alternative energy systems more affordable.

On Oct. 15, U.S. Energy Secretary Steven Chu announced new investment's in three university-led wind energy research facilities that will enhance the United States' leadership role in testing and producing the most advanced and efficient wind turbines in the world. The funding is from the American Recovery and Reinvestment Act, and the research will focus on improving both land-based and offshore wind generation.

Manufacturing

...there shall be greater declines in the first six months of 2009, but afterwards there shall be a re-emergence of manufacturing. In particular here, expect to see steel plants in the United States becom-

ing active again. Expect to see a demand for aluminum, copper and all of the supplies that are necessary for the greater rebuilding, or the infrastructure conversions.

We certainly saw declines in manufacturing in the beginning of 2009, but although the demand for aluminum and copper increased, as reflected by the increased prices in 2009, (aluminum went from \$.60 to \$1.00, and copper rose from \$1.30 to \$3.16) we did not see an increase in manufacturing. (Kitco charts)

Housing

Housing continues to decline. Yet, we find here that as we get into the second and third quarter of 2009 there shall be an easing, so that people who have put off buying will get back into the market. The month of April or May will see an increase in housing purchases.

While housing sales were down at the beginning of the year, they began to climb in May and continued their upward trend through October, according to the National Association of Realtors Dec. report, led heavily by buyers taking advantage of the government's expiring \$8,000 tax credit.

... foreclosures shall continue throughout 2009.

By Sept., the rate of non-current loans, a combination of foreclosures and delinquencies as a percent of active loans, reached 12.49%, a record high in the US, according to a report from Lender Processing Services. The total US delinquency rate stands at 9.37%.

Metals

...copper, aluminum, and steel shall do well as the infrastructure

rebuilding progresses.

Copper and aluminum did well (see above under Manufacturing). However, since the infrastructure rebuilding is just beginning, steel production has not yet increased.

... gold, silver, and platinum will be fairly stagnant for a period of time. Yet, an increase is inevitable... before the end of 2009.

I see gold breaking the \$1,000 plus level this year. (IF, Spring, 2009)

In 2009, as of Dec. 15, gold went from \$870 to \$1120; silver rose from \$11.08 to \$17.18, and platinum jumped from \$934 to \$1437. Gold broke \$1000 in Sept. (Kitco.com)

The Job Market

Here the greater workforce will be in the construction field, the mechanical engineering field, and in particular, the structural engineering field. Jobs that will deal with construction of highways, bridges, aqueducts, new factories, and various associated services will do well. Jobs that have to do with the conversion of factories from one type of production to another, like automobile, and truck production facilities for example, converted to producing commuter and high speed vehicles, will also do well. Manufacturers of construction materials and earth moving equipment will also do well. All of these will emerge in 2009.

I see unemployment exceeding 10 percent...before it begins to decline in late 2009, early 2010. (IF, Spring issue)

Unemployment in all areas is still high, though it has begun to taper off. In November, according to the U.S. Dept of labor, both the number

of unemployed persons, at 15.4 million, and the unemployment rate, at 10.0 percent, edged down.

Construction jobs have not yet materialized. However, on Dec. 8, Pres. Obama proposed new spending for highway and bridge construction, for small business tax cuts and for retrofitting millions of homes to make them more energy-efficient. (AP)

Food Production

... as consumers become more aware of nutrition and food quality, growers and processors adjust to comply. Expect to see this in a more significant way in the various cereal markets. As the awareness of nutrition and vitality increases... this becomes an important part of a philosophy that begins to emerge in 2009.

General Mills announced plans to reduce the amount of sugar in its cereals marketed to children. The move comes as many food companies alter their products and face growing scrutiny from consumers, regulators and health groups about the nutritional value of their foods. (USA Today, 12/10/09)

... as consumers become more aware of nutrition and food quality, growers and processors adjust to comply. The consumption of beef, in particular, begins a decline in 2009, 2010.

Meat production was down across the board in the first half of 2009; beef production fell 3.1%; pork 2.7%; and broiler production 5.8%. With demand for both beef and dairy poor, the national cattle herd has fallen to the lowest level in more than 35 years. (U.S. Agribusiness Report, 9/24/09)

Education

We find here that in the areas that deal with schools, and education there will be great changes. Funding will be provided for education so that a greater number of young people will be able to afford college in 2009. This indirectly reduces the influx of new people into the job market.

The American Recovery and Reinvestment Act of 2009 (Recovery Act) was signed into law by President Obama on Feb. 17, 2009. As of Sept. 30, over \$67 billion in ED Recovery Act formula grants had been awarded. About 400,000 jobs were retained or created through these ED grants—325,000 of them education jobs. (US Dept. of Ed)

Health

The medical breakthroughs continue into 2009. Here stem cell and gene therapies will expand significantly.

The National Institutes of Health (NIH) announced on Dec. 2, that scientists can start using taxpayer dollars to do research with 13 batches of embryonic stem cells and dozens more cell lines that should be available soon. President Obama lifted eight years of restrictions on these master cells last spring. But \$21 million-and-counting in new projects were on hold until NIH determined which of hundreds of existing stem cell lines were ethically appropriate to use. Another 96 embryonic stem cell lines are undergoing NIH review, and 20 or more could get a decision within the week. (AP, 12/02/09)

...A pill that will cure some types of cancer goes to trial in 2009.

A pill, consisting of a drug that destroys tumors in a form of inoperable lung cancer has been

developed by scientists. According to a study published in the journal, *Cancer Research*, the treatment works by blocking the growth of the cancer cells, eventually causing them to self destruct. In early clinical trials, the drug killed all traces of the disease in 50% of the mice it was tested on, as well as blocking the cells' ability to resist standard chemotherapy. (Sideway News, 11/11/09)

Health Insurance

This shall become part of the new expanding government. It will take many years to emerge, but it begins in 2009. The health insurance program that is held by government officials shall be a model for the rest of the nation, whether employed or not employed.

In 2009, the House and the Senate have each come out with their own version of a Health Care Bill. We're still waiting to see if they can reconcile those bills and agree on one they can send to the President. However, on Dec. 9, a group of Senate Democrats agreed on a deal they hoped would surmount a disagreement over a proposed government-run health plan. To satisfy liberal Democrats, the agreement calls for creating a new menu of national insurance plans, modeled after those offered federal workers, including members of Congress, and their dependents.

The new, nonprofit insurance plans would be overseen by a well-established federal agency, the Office of Personnel Management, which now runs the Federal Employees Health Benefits Program and negotiates prices and benefits packages with private insurance companies. Private firms eagerly participate because of the large customer base. (NY Times, 12/9/09)

Oil

The current decline in price is temporary; there shall be an increase in 2009 ... \$75 and higher will become the norm in 2009.

The price of oil dropped below \$50 at the beginning of the year, climbing to between \$70 and \$80 toward the end of the year. (*Oil-price.net, 12/10/09*)

Alternative Energy

There will be a breakthrough in a new form of battery... So see this as a chemical power plant that would develop the electrical force necessary to drive a motor.

Researchers have developed a new advanced Lithium Ion battery that will allow mobile phone and laptop computers to be fully charged in seconds. Electric car batteries may be charged in as little as five minutes. Solar and wind power generation could also benefit as better batteries could be used to store surplus energy. (*Gizmag.com, 3/16/09*)

The Environment

There is a movement, or an awareness of conservation currently, driven by economic conditions. As these economic conditions continue expect to see savings accounts increase and consumer spending lessened in 2009.

Consumer spending has decreased considerably, dropping by 4.3%, the steepest fall in 28 years, and the first time in history where household spending has fallen by more than 3% for two consecutive quarters. (*Wall St. Journal, 2/27/09*)

In addition, on June 26, the Commerce Dept. reported that personal saving as a percentage

of disposable income increased to 6.9 percent, the highest level since December 1993.

Conflicts

In Iraq, there shall be the withdrawal ahead of schedule, this is assured.

President Barack Obama has ordered the withdrawal of all combat troops in Iraq by Aug. 31, 2010, leaving up to 50,000 troops in advisory roles until the end of 2011. U.S. officials have said the pullout remains on track, but there are concerns about a possible bottleneck during the withdrawal if the bulk of troops are held until late spring or early summer. (*AP, 12/7/09*)

...There shall be a form of surge in Afghanistan.

On Dec. 1, Obama announced that 30,000 troops would be sent to Afghanistan beginning this month. This is in addition to the 17,000 that he authorized to be sent earlier in 2009. (*CNN*)

Africa

This administration shall move to have greater influence, particularly with the United Nations, and we see a developing movement there to bring about a protection.

“Today, my Administration is releasing a comprehensive strategy to confront the serious and urgent situation in Sudan. For years, the people of Sudan have faced enormous and unacceptable hardship. The genocide in Darfur has claimed the lives of hundreds of thousands of people and left millions more displaced. ...First, we must seek a definitive end to conflict, gross human rights abuses and genocide in Darfur. Second, the Comprehensive Peace Agreement

between the North and South in Sudan must be implemented to create the possibility of long-term peace. These two goals must both be pursued simultaneously with urgency. Achieving them requires the commitment of the United States, as well as the active participation of international partners. Concurrently, we will work aggressively to ensure that Sudan does not provide a safe-haven for international terrorists.” (*Statement from President Obama, 10/19/09*)

Earth Changes

Key planetary influences emanating from Uranus and Neptune act as triggers for tectonic plate movements, particularly in the Indian Ocean. ...where in 2009, 2010, there shall be not only plate movements, but tsunamis in the area.

Most of the activity in 2009 comes from beneath the ocean rather than on land.

In the months of August and September we saw three powerful under sea quakes, two of which devastated areas in the Indian Ocean, and one which struck in the Pacific Ocean. August 10, 2009, a magnitude 7.5 struck the Andaman Islands, India. On September 29, a powerful 8.0 undersea quake struck in the South Pacific about 120 miles south of Tonga and the Samoas. The quake triggered tsunamis that destroyed areas in American Samoa, Samoa and Tonga.

The very next day, on September 30, a 7.6-magnitude earthquake started at sea and quickly rippled through Sumatra, the westernmost island in the Indonesian archipelago causing massive destruction and loss of lives. (*USGS*)

In March, an undersea volcano erupted in the Tomnga islands, shooting clouds of volcanic smoke, steam, and ash thousands of feet into the sky above the South Pacific Ocean. (AP, 3/19/09)

...We also see the Middle East, and Turkey in particular, experiencing earthquake activity.

Turkey experienced a 4.9 magnitude quake on Dec. 4, 2009 and a 4.6 magnitude quake on Dec. 12, 2009. (USGS)

Weather

As the planet continues to heat, it is reflected up into the atmosphere and back toward the oceans. This alters the temperature and direction of ocean currents, thereby affecting weather and land temperatures. Thus, we would find here that we will see more types of tropical storms, significant in number...

The world's oceans this summer are the hottest on record according to the National Climatic Data Center. The warmer water could add to the melting of sea ice and possibly strengthen some hurricanes. It's most noticeable near the Arctic, where water temperatures are as much as 10 degrees above average. The undersea storage of vast amounts of heat has serious implications for humanity's future. Ocean-driven storms are showing signs of strengthening as their fuel source heats up. Sea levels are rising, too. Much of this is due to the expansion of ocean water as it warms...but over time the rise will be increasingly enhanced by glacial melting. (climatesciencewatch.org, 8/21/09)

Winter storms

We find that ice shall again be in the headlines for Canada, the

Northeast, and other parts of the U.S. In the South, we see great storms, blizzards and again great ice. In particular, Mississippi, Tennessee, North Carolina, South Carolina, and Georgia will all experience great storms, mostly with the element ice.

A major storm January 26-29 dropped up to 8 inches of snow from eastern Missouri through Ohio, with 12 to 16 inches from southeastern Illinois through central Indiana. The storm also produced a large swath of freezing rain. Total ice accumulations greater than one inch were common along a line in Kentucky, from Paducah to Lexington. In northern Arkansas, the winter storm coated trees and wires with as much as two inches of ice. Up to 4.10 inches of precipitation was measured in Fayetteville. (NOAH)

On Dec. 5, 2009 snow started falling in the South and continued into the next day. Up to 6 inches of snow was reported in the D.C. region. Several Louisiana towns reported two to three inches of snow. The storm also dumped three to four inches of snow overnight in parts of Mississippi. At least 7,300 homes and businesses lost power in the state. Tennessee and North Carolina reported light snow at higher elevations. (Fox News.com, 12/5/09)

A gigantic winter storm hammered much of the Midwest and New England with dangerous ice, heavy snow and vicious winds. Beginning Tuesday, Dec. 8, it created blizzard conditions, and in some places buried cars under huge drifts. Hundreds of schools were canceled classes, power was knocked out to thousands of people from Missouri to New York, and hundreds of flights were canceled.

FORUM

Lower Rates for Credit Card Holders?

Will there be a way that banks will provide loans at lower rates to pay off credit card debt?

— Gail

GMS: Gail, the trend is higher interest rates for card holders. I do not see this changing though I sense that this will cause a significant increase in personal bankruptcies and cause some banks to fail as a result.

Is Global Warming Real?

Do you have anything to say about the recent announcement that a British scientist had been dishonest in his interpretation of weather data; to make the statistics as if there was global warming?

— Lulla Sierra Johns

GMS: Lulla, with so much attention to global warming I am surprised there has not been more events like this. However, a few emails does not change what thousands of scientific organizations have documented. You only have to look at what is occurring with the melting of glaciers and the rise in ocean levels to see something is happening. Whether the argument is, as some believe, that "it's just a cycle," or that it's caused by humankind matters not. The fact is our planet is changing.

As I have previously stated numerous times, global warming is caused by a shift in Earth's core and misuse of fossil fuels. Both factors are contributing to what is occurring.

■ ONLINE

The following are highlights from our Online Updates

2012 and the Media Frenzy

Friday, 20 November 2009 15:52

Gordon Michael Scallion

The current blockbuster movie, “2012” is based on the Mayan calendar, which abruptly ends on Dec. 21, 2012. This movie, as well as the dozens of books, on the subject, tells a story of the world coming to a catastrophic end on that date, as the world is turned upside down as a result of Earth changes. As I have stated many times previously, I have had no insights that anything will happen on that date that would be considered “Earth shaking.” And I do not believe the Mayan calendar is being correctly interpreted to mean that the world ends on that day.

However, it cannot be denied that there is an incredible amount of interest, and willingness to believe in doomsday scenarios? The question is: Why?

I believe the answer can be found in our Collective Consciousness. We as a species are tuned to cycles governed by planets, stars, and closer to home, by the grand cycle of the precession of the equinoxes. Every 26,000 years a new grand cycle begins, and each one has a profound effect on humankind. Think of it as a series of doorways opening. Each door takes us to a new level of awareness, which is often accompanied by the memory of past cycles. I believe we are now collectively remembering past cycles, many of which were

preceded by major Earth changes. In essence, the interest in 2012 may be because we remember such Earth changes from our previous lives.

While the thought form of a major cataclysm related to the 2012 date is now strong, this does not mean it increases the possibility of an event occurring, it does however, mean that we, the Collective, sense that something is building, which may be Earth shaking. In my own work, I have for over 30 years now, seen repeated visions of Earth changes occurring. While I cannot guarantee that such an event will not occur on Dec. 21, 2012, I know from experience that prior to the occurrence of a future event of a global nature, I receive numerous dreams prior to the event, followed by a series of out-of-body journeys to the future. To date, I have received neither dreams, nor out-of-body experiences related to the Dec. 21, 2012 date.

Personally I have not seen the movie, “2012” and do not plan to do so. I have seen enough changes in my future visions to let me know that the best thing I can do is to enjoy each day, enjoy my family, and focus on what else I can do to be of service.

We also need to keep in mind that with each cycle comes the possibility of new and wonderful realizations, heightened states of awareness, and accelerated abilities. Even now, we are becoming an intuitive race of people. We have already witnessed the beginning of this with our children. In 1988 I released a program titled, “Children of the Blue Ray.” In it, I stated that in the next century most children would have these abilities at birth – as a new cycle begins.

■ ONLINE

H1N1

Sunday, 01 November 2009 13:58

Gordon Michael Scallion

H1N1

As I have stated previously this virus will NOT be anything like the 1918 flu that killed millions world-wide. Even though there have been and will continue to be fatalities with this outbreak, as there have been with all previous outbreaks of flu. Nevertheless, we are better prepared this time around. Hospitals are better equipped, and if the disease is diagnosed early, and any complications are quickly addressed, full recovery is highly probable.

This brings me to the H1N1 vaccine. All my senses tell me that it is a good thing to do, especially for children. I realize that in some areas there are shortages, but these shortages will pass relatively soon. It is important to get on the list if you decide to have your children vaccinated. Also, note that the nasal-spray version of the vaccine does not contain the mercury-based preservative, thimerosal or any other preservative.

Senior citizens and people born before 1957 appear to have some immunity to the H1N1 virus because of previous exposure to similar viruses, and are therefore less likely to contract the virus so the vaccine is not recommended. However, if you have any respiratory conditions you might want to think about getting the vaccine regardless of age.

This H1N1 strain will not last long; I see its primary season 2009-2010 with a trail off in 2011.

■ LIVING NATURALLY

Creating a Sustainable Life Style — A Worthy New Year's Resolution

by Cynthia Keyes

Sustainability is a word that we hear a lot, lately, usually regarding the environment. But if you look at the meaning of the word, it could be used to describe a healthy way of approaching just about every aspect of living. Sustainability is maintaining a balance, whereby we can produce what we need, without depleting our capacity to continue to produce what we need. As far as the environment is concerned it means using natural resources without destroying Nature's ability to regenerate itself, thereby keeping it healthy and vibrant. But we can apply the concept of sustainability to other areas as well.

We are currently living in what is being called the "Great Recession" mainly because major financial decision-makers in conjunction with many ordinary investors choose greed and quick profits rather than steady and sustained growth. Even in the family, we saw a major push toward materialism with an almost insatiable desire for bigger houses, bigger cars, and more and more stuff, pushing people way beyond their means. With such rampant unsustainable practices, the economy could do nothing else but crash, and we all had a part to play in its demise.

We can begin to repair the damage and work toward achieving a state of balanced growth by focusing our efforts on the basic unit of our society — the family. First of all, we might consider

redefining success away from the "making it big" and having an abundance of material possessions, to the concept of creating a strong, healthy, and sustainable family unit. That means living within our financial means while at the same time providing a nurturing and loving atmosphere within the home. It means deemphasizing material possessions and placing a greater value on spending quality time with each other. It means considering what kind of an impact we have on the environment and taking responsibility for making it as minimal as possible. It means putting a high value on quality rather than quantity.

As such, the family meal could become the prime centerpiece of a family's sustainability. This could be a time when the family works together to put a meal on the table, and to share both food, and the events of their day; a time when we have the opportunity to support and encourage one another on our endeavors, or help each other find solutions to problems that might come up. With our fast-paced society, I'm not sure how many families still share a family meal on a regular basis, but since it may be the only opportunity where all members of the family come together at the same time, it is important enough to strive for.

The meal could take on even more significance by including as much food as possible from sustainable farms in your area by buying directly from them, or if you live in a city, through farmers' markets, or food co-ops. While supporting these farms ensures they will continue to produce healthy, organic produce and pasture-raised meat and dairy products for us, the ramifications go far beyond our kitchen table. Eating locally

produced, organic products reduces our carbon footprint because fossil fuel is not used for fertilizers or pesticides, and its use for transportation is minimal.

In addition, when we buy meat from animals raised sustainably on pasture, we are helping to sequester large amounts of carbon within the deep roots of the grasses self-fertilized by the animals own manure, thus helping to reduce global warming.

A family meal could become a sacred event, a time when we give thanks for our blessings, and for each other. It could be a time when we provide an example for our children and grandchildren by appreciating the beauty and bounty of Nature, and the sacred trust we have been given to protect and continue the natural cycle.

If we consider the family to be the backbone of our society, than it makes sense to encourage sustainability within the family unit because in doing so, we begin to foster the creation of a strong and healthy nation, physically, financially, emotionally, and spiritually. For this New Year, let's all find one thing we can do to add to our family's and our nation's sustainability.

Special Announcement

We have opened a new blog section for the "Mandala Experience." For those of you who are online members, and have ordered the DVD program, you can login to post, or read comments, as well as share your experiences with me. The web address to access the blog is www.MatrixInstitute.com and then click on "Mandala Experience" under the main menu.

— ck